



Fakhr-e-Imdad Foundation

Non Profit organization, registered under section 42 of the companies' ordinance 1984.

URL: www.fifoundation.org

HEALTH CARE IN SCHOOLS

Strengthening the well being of children through
health care programs in schools

Report by: Rafique Jaffri



Background

Fakhr-e-Imdad foundation believes in achieving healthy and safe practices in child care settings. The foundations objective is not only preventing the injuries and the spread of infectious diseases, but in creating the best possible healthy environment in its Schools in which children can learn and grow.

With the approval of the Directors of the Board, Fakhr-e-Imdad foundation has decided to take care of all the students of its schools with periodical medical check up, follow-up and interaction with the parents in the interest of preventive and better healthy growth of the children.

Objective

Health and Health Care in Schools is committed to supporting the good health of children by working with parents, teachers, health professionals and school administrators to strengthen successful school-based health programs.

Activity

On May 17, 2008 a team of Doctors, was invited from Taluka hospital Digri, for medical checkup of all the students. Medical checkup cards (Printed), were made available with the students for the purpose of maintaining the permanent medical record of each student with his/her school file

List of Doctors

Dr. Aslam Parvaiz, Eye Specialist
Dr. Teerathdas, Dental surgeon
Dr. Sámi Ahmed, Child Specialist
Dr. Praveen Tariq, General physician
Dr. Khalid Nizamani, General physician



Doctors Observations

According to Doctors, due to a clean and caring environment of school, the hygienic condition and physical growth of the children was found satisfactory. In some cases "Eye reflection" problems were noted by the eye specialist and were treated /advised as per requirement.

According to the consulting dental surgeon, a good number of children had the problem of dental "carries" and "Orthodontic".

As per diagnosis by the general physicians and child specialist, many children have stomach problem due to worms, for which arrangements have been made according to the treatment prescribed by the Doctors.

Weight and height growth in relation with age factor was found normal in most of the students, however, few cases of, "Anemia" was diagnosed, and treatment prescribed accordingly.

Conclusion

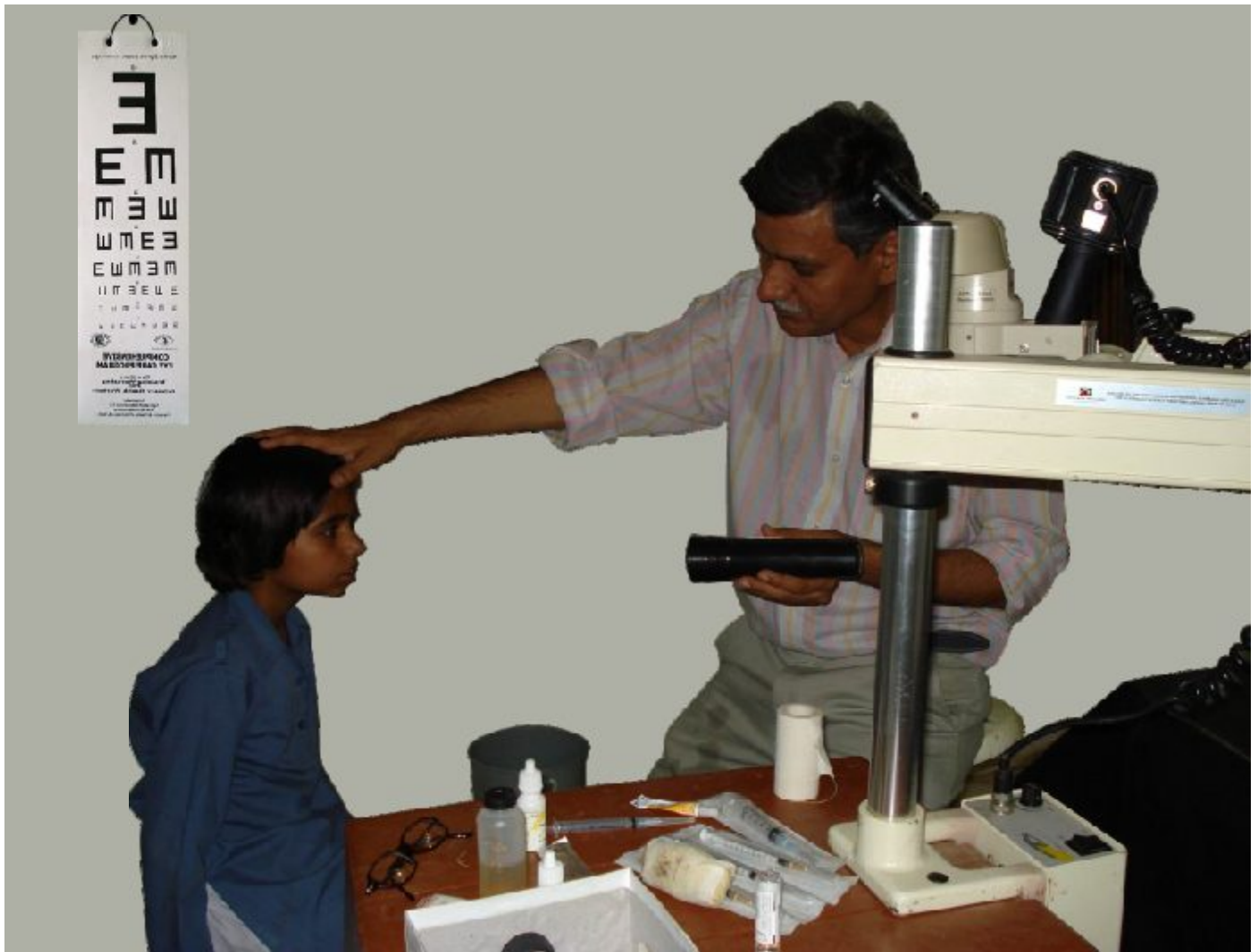
At the end of the medical check up process, the Chief Executive Officer of Fakhr-e-Imdad foundation had a meeting with Doctors, School Principal and Teaching staff, for ideas sharing and to develop future strategies for health care in school.

Following strategies were decided:

The Health care programs in school are very important, and should be arranged at least on half yearly basis. Medical checkup record of all the students be maintained with their school record, and parents should regularly be informed accordingly. On a suggestion by the Doctors, it was decided to revise the format of student's medical record for which the Doctors agreed to prepare and provide a revised format to school for future programs.

The Dental Surgeon, Dr. Teerath Das suggested that those students, who have the dental problem of "carries", may be referred to him, for dental surgical treatment at Taluka hospital Digri, where he will provide them required treatment. The CEO, instructed to the school staff to make such arrangements with the consent of the parents, he also authorized them to provide transport facility for Taluka hospital Digri as and when required. The Doctors on behalf of Dr. Abdul Jalil Bhurgri, Taluka Health Officer, offered to provide all the medicines to the children as prescribed by the doctors, including medicines for the children suffering from stomach problem due to worms.

In the end, the CEO offered his thanks for Dr. Abdul Jalil Bhurgri, Taluka Health officer and all the Doctors, for their cooperation and valuable support. Activity of the day ended with Lunch, hosted by AL-Abbass Sugar Mills.



For Feedback

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